


Speech Therapy...
at Home

WHEN TO CALL THE SLP (AND WHEN TO DIY)



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Why You are here

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What You will Learn

- What a speech language pathologist does
- What a milestone is, where to find "good ones," and how they can help you
- Common Milestones for Speech and Language
- Ways to measure "risk" involved with DIY vs getting help, red flags!
- Options available in Indiana to support you at a wide range of levels.

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Hi! I'm Amanda ☺

- Homeschool graduate from Indiana
- Fulltime speech language pathologist in a public school
- Run a private practice
- Homeschooling has always been the only option for our children.

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Disclaimers/Conflicts of Interest

- I run an online speech therapy business
 - But I help people find their fit
- I work in the public schools and have worked in medical & early intervention as an SLP
 - But I am passionate about homeschool freedom, medical freedom, natural medicine options, parent rights, and transparency with families on what their options are.


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Getting to know You

Getting to know all about you

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- Who knows what speech therapy is for?
- Has anyone worked with an SLP?
- Has anyone tried doing some speech therapy on your own?



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What is an SLP

What do they do and why do you want to know about it?

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Pop Quiz (You'll be fine)

- Who do you go to see when you are sick?
- Your teeth need cleaned, who do you go see?
- Who do you call if....?

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The SLP "Scope"

- Speech Sounds (inside and outside)
- Language (Late Talkers to Learning Literature)
- Stuttering
- Voice (resonance and phonation)
- Orofacial Myofunctional Disorders
- Feeding & Swallowing
- Cognition (memory, attention, executive functioning, etc)
- Social Language (no.... not socialization)

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Ways to Measure "Risk"

How tricky is this, really?

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Got concerns?

<p>SIGNS TO BRING A BUDDY</p> <ul style="list-style-type: none"> • Area of Scope: Feeding, swallowing, airway, voice, OMD • Delay is obvious, significant, or looks "atypical" like a disorder 	<p>SIGNS TO TRY DIY</p> <ul style="list-style-type: none"> • Area of Scope: Speech Sounds (TH) • Comparison to milestones is right at or just above. You see skills emerging • 16x16 (firstwordsproject.com)
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Milestones

How they work and Recommended Sources

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Percentiles (Put Your Thinking Cap On)

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Places I use for Milestones

- FirstWordsProject.com (for the itty bitties 0-2yrs)
- www.theinformedslp.com/review/no-sl-ps-were-in-the-room-where-it-happened
- www.nidcd.nih.gov/health/speech-and-language
- www.speech-language-therapy.com (Caroline Bowen)
- www.asha.org

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Language Milestones

RECEPTIVE

- 12 months- Turns to Name & follows familiar routines
- 18 months- follows 1 step commands, points to 6 body parts
- 2-3 Years- follows 2 step commands and understands new words easily

EXPRESSIVE

- 12 months- Babbles intentionally, gestures
- 18 months- 15 words (But ELVS data suggests this is conservative)
- 2-3 Years- Puts 3 words together, asks "why" questions

<https://identifythesigns.org/>

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Language Milestones

RECEPTIVE

- 3-4 years- understands words for family, and some shapes and colors. Responds from other room.
- 4-5 years- Understands order words "next," time, and longer instructions. Understands most of everything that is said at home or coop.

EXPRESSIVE

- 3-4 years- Answers WH questions, says rhyming words. Uses pronouns, plurals, and 4 word or more phrases.
- 4-5 years- Tells stories! They may have a lot of info piled in, but start to have a beginning, "middle," and end.

<https://identifythesigns.org/>

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WHEN MOST CHILDREN SAY SOUNDS...

www.facebook.com/groups/speechtherapyathomecommunity

CROWE, K., & MCLEOD, S. (2020). CHILDREN'S ENGLISH CONSONANT ACQUISITION IN THE UNITED STATES: A REVIEW. AMERICAN JOURNAL OF SPEECH-LANGUAGE PATHOLOGY. https://doi.org/10.1044/2020_AJSLP-19-00148

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Reflection
What Milestone surprised you?

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Where To get Help

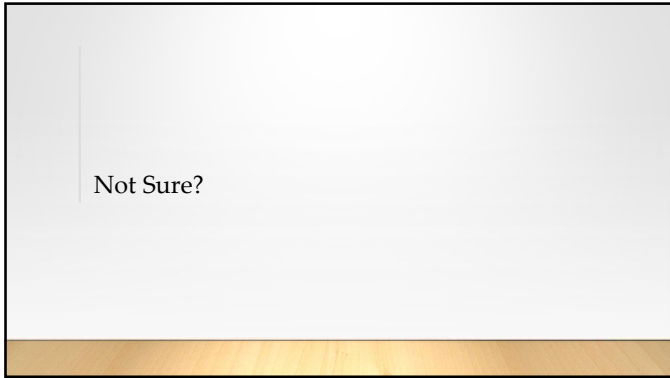
- 0-3yrs First Steps
- 3-21 Public School
- Every Age?
 - Private Clinics
 - Hospital Clinics
 - Private SLPs

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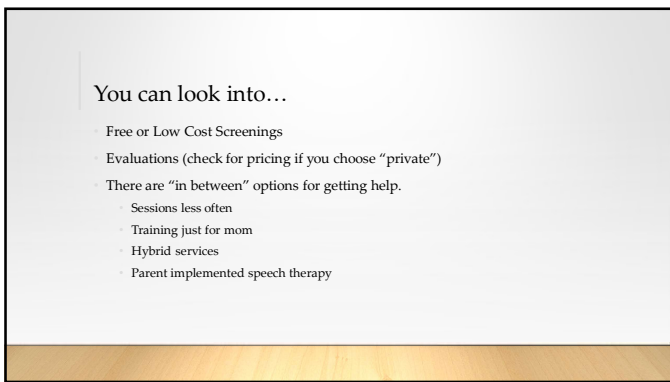
Where to DIY

- TPT
- Home Speech Home
- Complexity Method Website
- Laura Mize- Teach Me To Talk
- My site: learn.illuminatecommunicate.com
- Websites and resources built for SLPs by SLPs
 - Caroline Bowen- <https://www.speech-language-therapy.com/>

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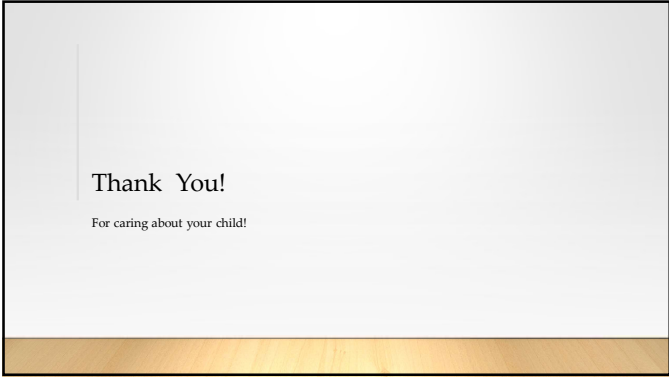
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