

Parents are the Secret Sauce

TO SPEECH THERAPY SUCCESS



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A Passion for Passionate Parents

(does anyone have a soapbox I could borrow?)

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What You will Learn

- A Parent's role in speech therapy
- Research supporting parents
- Ways to get involved (wherever you are)
- How to pick an SLP that considers you a colleague and the expert on your child

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Hi! I'm Amanda ☺

- Homeschool graduate from Indiana
- Fulltime speech language pathologist in a public school
- Run a private practice to teach parents how to teach their children to talk clearly and confidently.
- Homeschooling has always been the only option for our children.

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Disclaimers/Conflicts of Interest

- I run an online speech therapy business
  - But I help people find their fit
- I work in the public schools and have worked in medical & early intervention as an SLP
  - But I am passionate about homeschool freedom, medical freedom, natural medicine options, parent rights, and transparency with families on what their options are.

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Getting to know You

Getting to know all about you

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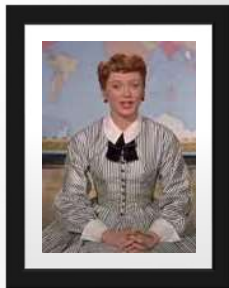
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- Who has done Speech Therapy with an SLP?
- Is anyone an SLP/Take SLP classes?
- How's your experience with ST been as a parent?
- Has anyone gotten stuck in a waiting room?



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## The Parent's Role

And why you're awesome at it.

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## Pop Quiz (You'll be fine)

- Who spends the most time with your child? (Parent or SLP)
- Who has known your child longer? (Parent or SLP)
- Who has built a long term relationship with your child? (Parent or SLP)
- Who will be in your child's life for the longer haul? (Parent or SLP)
- Who's got an extensive knowledge base on childhood speech, language, and cognitive development and experience diagnosing and treating differences? (Parent or SLP)

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## Another Angle

### PARENT

- Spends the most time with your child doing LIFE.
- Known your child longer.
- Has built a long term relationship with your child.
- Will be in your child's life for the longer haul.

### SLP

- Got an extensive knowledge base on childhood speech, language, feeding, and cognitive development and experience diagnosing and treating differences.

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## The SLP "Scope"

- Speech Sounds (inside and outside)
- Language (Late Talkers to Learning Literature)
- Stuttering
- Voice (resonance and phonation)
- Orofacial Myofunctional Disorders
- Feeding & Swallowing
- Cognition (memory, attention, executive functioning, etc)
- Social Language (no... Not socialization)

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## The Parent "Scope"

- Your Child
- Your Family
- Your Values
- Your Goals
- Your Medical & Educational Choices
- And more

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**Reflection**  
What's one thing that YOU know about your child (that your SLP doesn't)

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**Research That supports YOU**  
As the secret sauce to speech therapy Success

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**Time Investment**

<p><b>SLP</b></p> <ul style="list-style-type: none"><li>- 30-60 minutes once or twice a week.</li><li>- Doesn't work holidays or weekends.</li><li>- Isn't usually seeing your child at all hours.</li></ul>	<p><b>PARENT</b></p> <ul style="list-style-type: none"><li>- Way more.</li><li>- Certainly works holidays AND weekends.</li><li>- Is with your child during the best of times and the worst of times.</li></ul>
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## The Research Says

That parents are pretty great.

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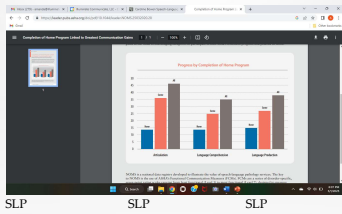
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## Parent Completion of Home Program

<https://leader.pubs.asha.org/doi/pdf/10.1044/leader.NOM.15.250.20.28>



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## Meanwhile In another review

(They said parents are pretty great, too)

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**“Late Talker” Research Review**

<b>CLINICIAN DIRECTED</b>	<b>PARENT IMPLEMENTED</b>
<ul style="list-style-type: none"><li>- SLP led, parents got homework help.</li><li>- Effective.</li></ul>	<ul style="list-style-type: none"><li>- SLP trained parent and parent implemented therapy.</li><li>- Better than SLP alone</li></ul>

<https://digitalcommons.unomaha.edu/cgi/viewcontent.cgi?article=1025&context=spedfacpub>

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Why do you think Parent Participation Matters so much?

Were you surprised at the Research?

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**Ways to Get Involved**

Go. Live your dream.

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Ask!

You aren't stepping on toes. ☺

If they say yes...

If they say no...

- Policies
- Boundaries
- But, maybe a change in fit



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Go Rogue

Do research on your own

- Join a support group
- Ask your HCP for options
- Get support on the side



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How to Find an SLP

That lets you play too

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## Ask

- Ask how involved they let parent be.
  - Are there policies that keep parents in the waiting room or in the car?
  - Do you get to wait, watch, participate, or get training throughout the sessions?
  - Do you explain the homework?
  - How do I ask questions and get resources in between sessions?
  - If I want to learn about \_\_\_\_\_ how will you teach me?

[learn.illuminatecommunicate.com](http://learn.illuminatecommunicate.com)



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## Questions & How to Find Me

- My website
- [amanda@illuminatecommunicate.com](mailto:amanda@illuminatecommunicate.com)
- In the exhibit hall!



[www.illuminatecommunicate.com](http://www.illuminatecommunicate.com)

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## Thank You!

For caring about your child!

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